



HOLY SHIFTS!

While reading Sandbox Strategies for the NEW Workplace: Conflict Resolution from the Inside Out, you will have enlightening moments that can shift your mind and behavior for better relationships. I call these moments "HOLY SHIFTS". These points of awareness are powerful opportunities to make lasting personal and professional progress. Pay attention to these moments. Anytime you feel the poke, the nudge, the bolt of enlightenment — when you read something, and you know it can shift your way of being — write it down as an actionable item to work on using this worksheet. This worksheet provides a small space to collect ideas from each of the eight PLAY NICE principles.

You can also say "HOLY SHIFT" anytime you want to shift an old way of thinking. Remember, everything you do begins with a thought, so when you don't feel good about your thought, try saying "HOLY SHIFT" and choose a different thought. Peaceful, productive, and profitable relationships are your responsibility. Let's dig in with new tools!

D	Position Yourself for Success Good play starts within.
	Lighten Your Load Unpack to make space for new relationship tools.
	Actively Listen Help others feel understood.
V	Yield To Your WHY Ground yourself in purpose.

	Nurture Relationships People who feel valued perform well.	
	Include Everyone Everyone wants to feel part of the whole.	
	Challenge Conflict Healthy teams learn to embrace it.	
L	Healthy teams learn to embrace it.	
	Empathize Balance people's personal needs and business needs.	

Peaceful, Productive & Profitable Relationships with the Sandbox System™

Our four-step process resolves conflict first, builds leadership capacity with training for the entire team, then takes leaders through a facilitated planning strategy for best profit potential, and accountability with action to drive consistent results.



Start your journey toward peaceful, productive, and profitable relationships today.

I believe that where there is resentment, there can be no relationship; that training doesn't take place until behavior changes; and that failing to create and follow a solid plan of implementation, is planning to fail at all attempts to create lasting change.

- Penny Tremblay, Founder of the Sandbox System™

3 easy steps

- 1. call 705-358-3396
- 2. Select in-person or live online delivery.
- 3. Enjoy more peace, productivity, and profit.







PennyTremblay.com









