

Penny Tremblay's captivating style is authentic, passionate, interactive, inspiring and swings like a pendulum from the depths of human emotion to hilarious. Audiences are taken on an unforgettable journey of possibility, realizing the value of relationships, and how to harness and leverage people skills to maximize profit, save time and money and engage long term employees and clients.



## INCREASE YOUR SANDBOX FACTOR

Maximize Performance with Productive, Peaceful and Profitable Relationships

Suitable for all audiences including managers and senior leaders, this keynote offers current trends and techniques for dealing with our most important assets ... our people! Not usually taught in technical education, people skills, when mastered help gain promotions, lead harmonious and profitable teams and engage long-term clients.

Improve your 'Sandbox Factor' to cultivate more time and money. Peace and productivity increase profit.

- ✓ Understand conflict: why we're attached to it, why we fear it and when to embrace it
- ✓ Lead yourself first, then others
- ✓ Navigate through challenging times and difficult behavior
- ✓ Adopt social graces of gratitude, praise, recognition, appreciation and acknowledgement

## WHAT'S IN YOUR SUITCASE?

Unpack Your Authentic Self

This keynote inspires people to take personal responsibility for their presence, performance and inner peace for best practices in workplaces and beyond. Suitable for large audiences or smaller workshop settings, participants get to dive deeper into their own mixed bag of tricks and discover what personal inventory is worth keeping and what needs to go.

When we show up to work, we bring everything from our past experiences, including things that have been buried for years, causing low esteem, lack of trust, fear of speaking up, or a sense of not being good enough. Not only does this hinder our belief in our ability, it also is a major source of conflict. Why are we so attached to it? You'll find out in this interesting keynote that swings from deep to hilarious, and sheds light on some of the darkest corners of our being, and the how and why to unpack those unresolved issues that continue to pop up.

- ✓ Discover what's in your suitcase
- √ Why you're so attached to it
- ✓ How to detach, unpack your authentic self and find peace

## GIVE AND BE RICH IN WORKPLACE RELATIONSHIPS

Tapping the Human Side of Business

We get so caught up in the chase for profit that we often forget why we got into business in the first place. Hopefully we entered into business as an entrepreneur or employee, because we wanted to help solve a problem for our customer. Yet many have lost track of the customer and instead focus on the bottom line. This is not a win/win situation. It's win/lose. You win and the customer loses. Or You win and the employee loses, or vice-versa. That model of business won't work. For rich relationships to last, everyone must be growing or gaining, or else they're dying.

Workplace and business culture rooted in human connection is more challenged than ever in this digital era. With millennials tipping the workplace population scale, relationship strategies to build productive, peaceful and profitable teams that are engaged with their corporate purpose are critical.

Suitable for all who work with people, this inspiring keynote helps the audience reach new potential, realizing that relationships are the most valuable asset for business. When we leverage the power of connection and relationships, we earn loyalty from our clients and work teams.

- Giving Simply to Give
- ✓ Being Open to Receive
- ✓ Giving To Yourself and Others for Strong Business Relationships

Penny's message is backed by her best-selling book, Give and Be Rich, which invites us to look deeper into our own authentic inventory, and find more within to give. Giving is the new sexy. Giving is where we become rich in self-worth, confidence, humility, respect, love, social grace and all of the currencies of life. Her dynamic stage presence and message delivery is entertaining, interactive and memorable. There is laughter and depth to inspire long lasting change in perspective, service, attitude and gratitude.







