



Build **Productive, Peaceful and Profitable** Relationships at Work

Workplace Mediation & Restoration Training

How Professionals Navigate Conflict, Mediate and Restore Peace at Work

Most professional weren't taught how to talk about conflict, disagree or even negotiate their way of working through conflict.

When staff embrace conflict as opportunity for change and growth, accept friction as part of their learning journey and use the tools learned in *Navigating Conflict and Mediation and Workplace Restoration Techniques*, an entire culture can shift, and so can the personal lives of everyone involved.

Navigating Conflict

Support healthy conflict, learn to debate, understand each other's different perspectives and disagree with respect with these skills learned:

1. Stop Avoiding and Embrace Conflict
2. Perform Well in Healthy Debates
3. Learn How to Disagree, Agreeably
4. Remain Neutral and Release Judgement

With skills learned in *Mediation and Workplace Restoration Techniques*, participants learn to guide team members through conflict such as generational, cultural, religious, harassment or discrimination issues / allegations. With the intention to find resolution, new commitments and written documentation to hold them accountable are created.

Mediation and Workplace Restoration Techniques

5. Mediation Options, Basics and Practice
6. Workplace Restoration Processes and Simulation
7. Recording New Commitments and Mediation Reports
8. Holding People Accountable

Restore workplace relationships by reducing stress and conflict, while co-creating a positive environment with tools to navigate conflict and mediate internal disputes.

*Suggested for the entire Human Resources Team,
Managers, Supervisors
Offered live in-person (2 days) or virtual (4, 4 hour segments). Certificate provided*

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